

DR. SHARON GIESE

WHY DID YOU BECOME A PLASTIC

SURGEON It is the best combination of art, beauty and people

ALTERNATIVE OCCU- PATION

Fashion designer or art restorer

HOBBIES

Cooking, gardening, cycling, tennis

PLACE YOU GO TO ESCAPE THE OFFICE

Italy

FRAMED PHOTOS ON YOUR DESK

My husband and dog

PRO BONO WORK

I have my own non-profit medical foundation

RIGHT NOW I'M READING

A biography of Marie Antoinette

I START EACH DAY

With my power shake and walking my dog

I'M NEVER WITHOUT

Lipstick

I WOULD LOVE TO OWN

An art collection

COSMETIC SURGERY AND THE CITY

When it came to selecting a location for her new medi-spa, Dr. Giese knew privacy was key. "TOWNHOUSE 114" is inconspicuously nestled in a quiet residential neighborhood, affording patients a welcome measure of privacy. Within its elegant facade, the medical spa boasts a **STATE-OF-THE-ART CERTIFIED OPERATING ROOM** with heated floors and a restful recovery room for maximum comfort. With safety of paramount importance, a board-certified anesthesiologist is present at all times. "The design of the clinic was inspired by classical forms, with a continental European aesthetic," says Dr. Giese. "We wanted patients to be literally transported when they walk through the doors. The entire environment is tranquil, relaxing and welcoming." A fully-equipped **LASER CENTER** offers sought-after high-tech treatments like **VELASMOOTH™ AND REFIRME**, FDA-approved cellulite reduction lasers. All procedures at Townhouse 114 are administered by licensed medical professionals in special treatment rooms, affording each patient with the ultimate in comfort and safety. "Our mission is to promote health and wellness and to strengthen our patients' self-confidence by enhancing their body image and overall quality of life."

groundbreaking beauty

“New beauty is natural beauty,” says New York City cosmetic surgeon Dr. Sharon Giese. “Patients today want to look refreshed, not artificial. We can achieve this with combination procedures like Botox® and laser skin resurfacing, with little down time and dramatic results.”

In her townhouse office just steps off of Park Avenue, Dr. Giese employs a comprehensive approach to patient care. This board-certified physician understands how improving body image positively affects the psyche. “Cosmetic surgery is a way of respecting yourself and your body. This not superficial thinking, it’s powerful thinking,” she explains. A fourth generation surgeon, Dr. Giese is trained as a biochemist and is credited with groundbreaking research on the effects of large volume liposuction to improve diabetes and cardiac risk factors, and weight loss. “Research is definitely a passion of mine,” she says. Her findings have been featured in The Wall Street Journal and Allure, and on network news programs including The Early Show, FOX, ABC, and NBC evening news.

At her certified Quad-A surgical facility, Dr. Giese vanquishes excess fat with the latest in liposuction, including liposculpture, large volume liposuction, facial liposuction, and lipodetox™. While breast enhancement and liposuction are her most highly requested procedures, Dr. Giese also helps her patients turn back time using minimally invasive beautifiers, like her state-of-the-art “laser facial.” This age-erasing procedure combines a smooth exfoliation with dermaplaning and a non-ablative laser, to banish unwanted wrinkles and make your skin flawless. “You look younger and your skin is immediately refreshed,” she says. “Plus there is no down time, which my patients love.”



BOARD CERTIFICATION
American Board of Plastic Surgery

MEDICAL DEGREE
Northwestern University

SURGICAL INTERNSHIP
Stanford University

PLASTIC SURGERY RESIDENCY
Stanford University

BREAST AND COSMETIC FELLOWSHIP
Georgetown University

AFFILIATIONS
American College of Surgeons
American Society for Aesthetic Plastic Surgery
American Society of Plastic Surgeons
Northeastern Society of Plastic Surgeons

AREAS OF EXPERTISE
Body Contouring/Liposuction
Breast Augmentation/Breast Reduction
Laser Resurfacing
Lip Enhancement

LOCATION
New York, New York
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WEB SITE
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