

## DR. SHARON GIESE

### WHY DID YOU BECOME A PLASTIC

**SURGEON** It is the best combination of art, beauty and people

**ALTERNATIVE OCCUPATION** Fashion designer or art restorer

**HOBBIES** Cooking, gardening, cycling, tennis

**PLACE YOU GO TO ESCAPE THE OFFICE**

Italy **FRAMED PHOTOS ON YOUR DESK** My

husband and dog **PRO BONO WORK** I have

my own non-profit medical foundation **RIGHT NOW**

**I'M READING** A biography of Marie

Antoinette **I START EACH DAY** With my

power shake and walking my dog **I'M NEVER WITH-**

**OUT** Lipstick **I WOULD LOVE TO OWN**

An art collection



## COSMETIC SURGERY AND THE CITY

When it came to selecting a location for her **NEW MEDICAL SPA**, Dr. Giese knew discretion was a key. "Townhouse 114" is inconspicuously nestled in a quiet residential neighborhood, affording patients a welcome measure of privacy. Within its elegant facade, the medical spa boasts a **STATE-OF-THE ART CERTIFIED OPERATING ROOM** with heated floors and a restful recovery room for maximum comfort. With safety of paramount importance, a board-certified anesthesiologist is present at all times. "The design of the clinic was inspired by classical forms, with a continental European aesthetic," says Dr. Giese. "We wanted patients to be literally transported when they walk through the doors. The entire environment is tranquil, relaxing and welcoming." A fully-equipped **LASER CENTER** offers sought-after high-tech treatments like **VELASMOOTH™ AND REFIRME®**, an FDA approved cellulite reduction lasers. All procedures at Townhouse 114 are administered by licensed medical professionals in special treatment rooms, affording each patient the ultimate in comfort and safety. "Our mission is to promote health and wellness and to enhance our patients' self-confidence through improved body image and overall quality of life."

INSIDE INFORMATION

# groundbreaking beauty

“New beauty is natural beauty,” says New York City cosmetic surgeon Dr. Sharon Giese. “Patients today want to look refreshed, not artificial. We can achieve this with combination procedures like Botox® and laser skin resurfacing, with little down time and dramatic results.”

In her townhouse office just steps off of Park Avenue, Dr. Giese employs a comprehensive approach to patient care. This board-certified physician understands how improving body image positively affects the psyche. “Cosmetic surgery is a way of respecting yourself and your body. This not superficial thinking, it’s powerful thinking,” she explains. A fourth generation surgeon, Dr. Giese is trained as a biochemist and is credited with groundbreaking research on the effects of large volume liposuction to improve diabetes and cardiac risk factors, and weight loss. “Research is definitely a passion of mine,” she says. Her findings have been featured in The Wall Street Journal and Allure, and on network news programs including The Early Show, FOX, ABC, and NBC evening news.

At her certified Quad-A surgical facility, Dr. Giese vanquishes excess fat with the latest in liposuction, including liposculpture, large volume liposuction, facial liposuction, and lipodetox™. While breast enhancement and liposuction are her most highly requested procedures, Dr. Giese also helps her patients turn back time using minimally invasive beautifiers, like her state-of-the-art “laser facial.” This age-erasing procedure combines a smooth exfoliation with dermaplaning and a non-ablative laser, to banish unwanted wrinkles and make your skin flawless. “You look younger and your skin is immediately refreshed,” she says. “Plus there is no down time, which my patients love.”



**BOARD CERTIFICATION**  
American Board of Plastic Surgery

**MEDICAL DEGREE**  
Northwestern University

**SURGICAL INTERNSHIP**  
Stanford University

**PLASTIC SURGERY RESIDENCY**  
Stanford University

**BREAST AND COSMETIC FELLOWSHIP**  
Georgetown University

**AFFILIATIONS**  
American College of Surgeons  
American Society for Aesthetic Plastic Surgery  
American Society of Plastic Surgeons  
Northeastern Society of Plastic Surgeons

**AREAS OF EXPERTISE**  
Body Contouring/Liposuction  
Breast Augmentation/Breast Reduction  
Laser Resurfacing  
Lip Enhancement

**LOCATION**  
New York, New York  
212.421.3400

**WEB SITE**  
[www.drsharongiese.com](http://www.drsharongiese.com)